



The Nutrition Network is an education and learning platform, designed to present the most up-to-date and evidenced-based science and research available, in the field of low-carbohydrate, healthy high fat nutrition (LCHF). Founded by The Noakes Foundation, and in partnership with their extensive national and international network of doctors, scientists and researchers, the platform is aimed at medical and allied health care professionals across the globe, to inform and support their knowledge of the LCHF diet and its implementation into clinical practice.

Online Training course:

The Nutrition Network is very proud to announce the launch of its Online Training Course for medical and allied health care professionals:

"Professional Training in LCHF/Ketogenic Nutrition & Treatment"

The course is presented by national and international medical and allied health care experts in their field, on a range of topics related to LCHF nutrition and its implementation into clinical practice.

Course content:

The course is presented as a series of online, self-study, learning modules

Each module includes:

- Topic outline & learning objectives
- Expert speaker presentation/lecture
- Downloadable resources and references for relevant journal articles and literature

Course Price

R 7500

Register and pay before 1st May to take advantage of our early bird special of R5000!

Who should do the course:

The course has been developed specifically for:

- Medical doctors
- Registered nurses
- Dieticians
- Nutritionists
- LCHF/Wellness/Mind Body coaches

Enrolment:

Register for the course by visiting www.nutrition-network.org or by sending an email to nutritionnetwork@thenoakesfoundation.org

We hope you are as excited as we are in taking part in this professional training opportunity and joining the LCHF global movement.

The Nutrition Network Team

www.nutrition-network.org

SPEAKER LINE UP



Prof Tim Noakes
MD, Author, Scientist, Emeritus
Professor, Athlete & LCHF
Expert



Dr Jason Fung
World-leading expert on
intermittent fasting & LCHF



Dr Hassina Kajee
Specialist Physician &
Obesity Expert



Dr Neville Wellington
MD & Diabetes Management
Expert



Dr Ann Childers
Psychiatrist, Author &
Speaker



Dr David Johnson
Brain & Spinal
Neurosurgeon



Megan Ramos
Intensive Dietary Management
Patient Educator



Dr Glen Hagemann
MD & Sports Medicine
Specialist



Dr Maria Theologides
Paediatrics Specialist &
Health Coach



Dr Bret Scher
Cardiologist



Bridget Surtees
Clinical Dietitian



Dr Brian Lenzkes
Internal Medicine Doctor



Dr Jamie Smith
Health Sciences
Research Officer



Dr Bernard Brom
MD & Integrative Medicine
Proponent



Bridgette Allan
Registered Nurse &
Midwife



Dr Nadia Pateguana
Naturopathic Doctor &
LCHF Proponent



Chris Webster
LCHF & Insulin
Resistance Researcher



Tamzyn Murphy
Clinical Dietitian & LCHF
Researcher



Andre Obradovic
Coach, Speaker &
Ambassador



Sencer Bulut
Sports Nutritionist

TOPICS COVERED

01. DIABETES & OBESITY
02. INSULIN RESISTANCE
03. STATINS & CARDIOVASCULAR DISEASE
04. METABOLIC SYNDROME
05. THE ROLES OF FASTING & LEPTIN WITHIN THE LCHF DIET
06. LCHF & EPILEPSY
07. INTEGRATIVE MEDICINE
08. LCHF DIETS IN RECREATIONAL & ELITE ENDURANCE ATHLETES
09. WOMEN & BANTING
10. PRESCRIBING LCHF TO YOUR PATIENT/CLIENT
11. MINDFULNESS & MOTIVATION
12. THE LEGALITIES OF PRESCRIBING/PROMOTING LCHF
13. LCHF & MENTAL HEALTH
14. LCHF & HEART HEALTH
15. PCOS & FERTILITY
16. TREATING DIABETES WITH NUTRITION INSTEAD OF MEDICINE

01

03

07

08

10

13





Online Course Application Form

Thank you for your interest in registering for the Nutrition Network's, **"Professional Training in LCHF/Ketogenic Nutrition & Treatment"**, online course. Please fill in the application form below and email it back to: nutritionnetwork@thenoakesfoundation.org. Successful applicants will be notified via email of their enrolment into the course.

Name

First

Last

--	--

Email

Phone

--	--

Occupation & HPCSA Registration Number (if applicable)

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Organization/Practice

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Tell us a bit about yourself / Comment on your interest in Low Carb High Fat

--

Would you like to receive our monthly newsletter?

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Note: Please await an email confirming your attendance.



The Noakes Foundation
3rd Floor
Sports Science Institute of SA
Boundary Road
Newlands
7700

Tel: 021-650-2459

Email: nutritionnetwork@thenoakesfoundation.org

INVOICE

REFERENCE: PLEASE USE NN/SURNAME (e.g. NN/Bloggs)

Description	Amount
Online Course Enrolment	R7500
Early Bird Discount	- R2500
Total	R5000

Please note, this quote is in South African Rands (ZAR).

BANKING DETAILS

Account name : The Noakes Foundation

Bank : Standard Bank

Branch : Constantia

Branch code : 02530917

Account number : 271624914

Swift code : SBZAJJ

Reference : Please use NN/SURNAME

PAYPAL

PayPal link : www.paypal.me/thenoakesfoundation

Confirmation : email to nutritionnetwork@thenoakesfoundation.org

Costs for the Professional Training are based on covering basic production costs - please feel free to make any additional donation to The Noakes Foundation.